

THE HUNGRY OWL

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Lemon Chicken Orzo	Chicken Gumbo	Chicken Dumpling	Chicken Noodle	Clam Chowder
	Potato Leek	Green Lentil	Broccoli & Cheese	Cannellini Bean & Rosemary	Tomato Basil

Spotlight	Skillet Beef Chili	Skillet Beef Chili	Hot Roasted Corned Beef	Hot Roasted Corned Beef	La Frieda Beef Burger, Turkey-Parmesan Burger
	Chicken Pozole	Chicken Pozole	Rubbed & Smoked Turkey Breast	Rubbed & Smoked Turkey Breast	Black Bean & Avocado Burger
	Red Rice with Poblano Peppers, Refried Black Beans	Red Rice with Poblano Peppers, Refried Black Beans	Flat Top Reb Bliss Potatoes, Hot Roasted Butternut Squash, Red Onion, Brussels Sprouts	Flat Top Reb Bliss Potatoes, Hot Roasted Butternut Squash, Red Onion, Brussels Sprouts	All Beef Snap Dog
	Shaved Ice Berg, Green Cabbage, & Carrot Salad	Shaved Ice Berg, Green Cabbage, & Carrot Salad	Buttermilk Broccoli Slaw	Buttermilk Broccoli Slaw	Broccoli & Cheddar, Caramelized Onion, Cremini Mushroom & Thyme, Chipotle BBQ
	Corn & Flour Tortillas	Corn & Flour Tortillas	Grain Mustard, Chunky Apple Sauce, Rosemary Aioli, Pickled Black Mustard Seeds	Grain Mustard, Chunky Apple Sauce, Rosemary Aioli, Pickled Black Mustard Seeds	House Salt & Vinegar Chips

Street Food	Fresh LoMein Noodles, Brown Rice	Fresh LoMein Noodles, Brown Rice	Fresh LoMein Noodles, Brown Rice	Chickle	Chickle
	Bok Choy, Shiitake Mushrooms, Onion, Carrot, Green Bean, Scallion, Kale	Bok Choy, Shiitake Mushrooms, Onion, Carrot, Green Bean, Scallion, Kale	Bok Choy, Shiitake Mushrooms, Onion, Carrot, Green Bean, Scallion, Kale	Pickle Brined Chicken	Pickle Brined Chicken
	Stir Fried Cumin Turkey, Edamame & Bamboo Shoots	Stir Fried Cumin Turkey, Edamame & Bamboo Shoots	Stir Fried Cumin Turkey, Edamame & Bamboo Shoots	Potato Salad	Potato Salad
	Mushroom Miso Broth	Mushroom Miso Broth	Mushroom Miso Broth	Three Pickles - Dill Spears, Half Cured, Sliced Bread and Butter	Three Pickles - Dill Spears, Half Cured, Sliced Bread and Butter
	Tamari, Amino Acids, Sweet Soy, Sriracha, Sambal, Hoisin, Fish Sauce, Japanese Shake, Sesame Seeds, Crispy Garlic, Fried Won Tons, Cilantro, Lime Wedges	Tamari, Amino Acids, Sweet Soy, Sriracha, Sambal, Hoisin, Fish Sauce, Japanese Shake, Sesame Seeds, Crispy Garlic, Fried Won Tons, Cilantro, Lime Wedges	Tamari, Amino Acids, Sweet Soy, Sriracha, Sambal, Hoisin, Fish Sauce, Japanese Shake, Sesame Seeds, Crispy Garlic, Fried Won Tons, Cilantro, Lime Wedges	Hot Honey, Chipotle BBQ, Sriracha, Bourbon Mustard Sauce	Hot Honey, Chipotle BBQ, Sriracha, Bourbon Mustard Sauce

Kitchen Table	Seared Chicken Thighs, Celery Root, Two Mustards, Tarragon	Cajun Catfish, Cajun Spiked Tartar Sauce, Limes, Tabasco Sauce	Slow Roasted Pork with Onions, Garlic, Chopped Thyme	Shepherd's Pie	Braised Chicken with Pears & Ginger
	Roasted Buttery Sweet Potatoes	Vegetable Jambalaya	Braised Savoy Cabbage	Mashed Rutabaga	Barley & Roasted Root Vegetables
	White Bean & Broccoli Mash	Mac & Three Cheese	Paprika Potatoes, Bell Peppers, & Caraway Seeds	Smashed Peas, Yorkshire Pudding	Pumpkin Alfredo with Toasted Breadcrumbs & Mace
	Chicory & Gem Lettuce Salad with Chives	Cucumber Salad with Cilantro & Mint	Spinach & Shaved Fennel Salad	Gem Lettuce & cucumber with Curry Vinaigrette	Shaved Brussels Sprouts with Lemon & Honey
Plated	Mezze Rigatoni	Sweet Potato Croquette	Two Mushroom Risotto	Campanelle Pasta	Sweet Home Café Cook Book
	Lamb Ragout	Charred Shishito Peppers	Spinach & Thyme	Broccoli Pesto	Shrimp & Grits
	Garlic, Black Olives	Smoked Aioli		Lemon Zest	
	Sundried Tomatoes			Shaved Romano	
Bowl	Harvest Bowl - Little Leaf Farms Greens, Butternut Squash, Cranberries, Black Quinoa, Bacon	Harvest Bowl - Little Leaf Farms Greens, Butternut Squash, Cranberries, Black Quinoa, Bacon	Harvest Bowl - Little Leaf Farms Greens, Butternut Squash, Cranberries, Black Quinoa, Bacon	Harvest Bowl - Little Leaf Farms Greens, Butternut Squash, Cranberries, Black Quinoa, Bacon	Harvest Bowl - Little Leaf Farms Greens, Butternut Squash, Cranberries, Black Quinoa, Bacon
	Shaved Brussels Sprouts with Romaine Leaves, Toasted Bread, Endive, Honey Crispy Apple	Shaved Brussels Sprouts with Romaine Leaves, Toasted Bread, Endive, Honey Crispy Apple	Shaved Brussels Sprouts with Romaine Leaves, Toasted Bread, Endive, Honey Crispy Apple	Shaved Brussels Sprouts with Romaine Leaves, Toasted Bread, Endive, Honey Crispy Apple	Shaved Brussels Sprouts with Romaine Leaves, Toasted Bread, Endive, Honey Crispy Apple
	Warm Smoked Lentil Salad with Baby Spinach, Celery, Carrot, Cucumber, Red Onion	Warm Smoked Lentil Salad with Baby Spinach, Celery, Carrot, Cucumber, Red Onion	Warm Smoked Lentil Salad with Baby Spinach, Celery, Carrot, Cucumber, Red Onion	Warm Smoked Lentil Salad with Baby Spinach, Celery, Carrot, Cucumber, Red Onion	Warm Smoked Lentil Salad with Baby Spinach, Celery, Carrot, Cucumber, Red Onion
	Steamed Lemon Shrimp Pumpkin Seeds, Crispy Wontons, Dried Cranberries, Croutons, Corn Nuts	Steamed Lemon Shrimp Pumpkin Seeds, Crispy Wontons, Dried Cranberries, Croutons, Corn Nuts	Grilled Chicken Pumpkin Seeds, Crispy Wontons, Dried Cranberries, Croutons, Corn Nuts	Grilled Chicken Pumpkin Seeds, Crispy Wontons, Dried Cranberries, Croutons, Corn Nuts	Roasted Pork Loin Pumpkin Seeds, Crispy Wontons, Dried Cranberries, Croutons, Corn Nuts
Hearth	Green Olive, Salami, Provolone	Chopped Clams, Bacon, Onion, Chive	Roasted Portobello Mushroom & Boursin Cheese	Sesame & Ginger Glazed Chicken with Green Onion	Sloppy Giuseppe
	Shaved Broccoli & Cheddar	Stuffed Stromboli	Tomato, Oregano, & Feta	Plum Tomato, Fresh Mozzarella, Baby Arugula	Grilled Chicken, Bleu Cheese, Caramelized Onion
	Smokey Honey Brushed Acorn Squash	Roast Fennel with White Beans & Green Olives	Welsh Rarebit with Spinach & Toast	Roasted Pork & Baked Beans	Yukon Gold Potato & Leek Gratin

Mezze	Stuffed Dolmas, Chick peas and parsley Sharma Spice Cucumber and Tomato Tabbouleh Celery Root Hummus Red Pepper Muhammara Spread Roasted Garlic Cloves Whipped Feta Three Marinated Olives Pickled and Raw Vegetable				
Daily Panini	Cheddar Cheese & Kimchi Grilled Cheese	Shaved Ham, Cheddar Cheese, Cranberry Mayo	Spicy PB&J with Curried Peanut Butter, Sriracha, & Basil	Shrimp & Tarragon Salad Croissant	Open Faced Bacon & Egg Salad with Arugula

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